



Mount Carmel College, Autonomous

58, Palace Road, Bengaluru - 560052



In Collaboration With

Karnataka State Higher Education Council

Presents

International Conference

Sports: An Integral Component of Nation-Building

Fit India, Behtar India



Conference Partners



सत्यमेव जयते

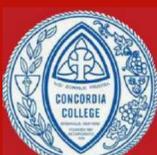
Ministry of Human Resource Development
Department of Higher Education, Government of India

Rashtriya Uchcharat Shiksha Abhiyan



Karnataka Badminton Association
Government of Karnataka

Concordia College
New York City



Date

19th & 20th
February 2019

Venue

DJB Auditorium
Mount Carmel College

About the Conference

India has the second highest number of obese children in the world after China. Last year, the number stood at a mind-boggling 14.4 million children. Who's to blame?

Sports, or the lack of it, becomes a topic of discussion after every major sporting event. From a population of 1.3 billion people, only a couple go on to win medals. But more worrisome than that, is India's swelling population – literally – and the diseases that it brings in its wake.

In a young nation like India, it is imperative that policy-makers focus on youth and their overall development. Apart from education, the need of the hour is good health. Unfortunately, it is only the mind that is the focus in our education system. We train constantly at school, college and the workplace to sharpen our minds and in the process, we forget our bodies.

Sports is embedded in school curriculum, but the inclusion is usually a mere formality. Many schools do not encourage students to participate in sporting events and parents add to it by giving priority to academics, buoyed by the belief that sports is a waste of time and chances of success are remote. It gets progressively worse after the school years. In college, sports is a topic of discussion for the majority.

This mindset of seeing sports as a frivolous activity needs to change. Sports deserves as much sincerity and attention as any academic subject. And it is the duty of schools and colleges to recognise this while framing the curriculum.

Research has proved that playing a sport enhances focus and can actually help improve grades. It is a great training ground as it boosts confidence, quick thinking, decision-making and team-work. Sports also brings in a sense of responsibility, enhances leadership abilities and helps build bonds that transcend the barriers of caste, religion and nationality. Whether for life-skills, recreation, or fitness, a good sports curriculum is of utmost significance in the life of a student. At the national level, a healthy mind in a healthy body is a recipe for nation-building.

About the College

MCC is a leading college in India which, since 1948, has worked towards the cause of "Empowering through Education". Owned and managed by the Carmelite Sisters of St. Teresa (CSST), the college offers 39 undergraduate and 18 post graduate programmes and doctoral programmes in 6 subjects. MCC has successfully completed 3 rounds of accreditation and was awarded "A" grade in the last round.

Call for Papers

The Humanities Department of Mount Carmel College, Autonomous, Bengaluru in Collaboration with The Karnataka State Higher Education Council, Government of Karnataka proposes to host an International Conference to highlight the role of Sports in Nation-Building, challenges and the way forward. We invite original research papers, case studies and academic or scholarly articles which have high quality work that focuses on research, development and application in the aforesaid area.

Conference Sub Themes

- • Sports Nutrition
- • Managing Sports Injuries
- • Psychological Benefits of Sports
- • Corporatization of Sports and its Impact
- • Evaluating the Sports Policies of Nations
- • Socio-economic Environment of Sports
- • Potential for Sports Entrepreneurship
- • Strategies to build "Fit India, Behtar India"
- • Sports Tourism – Opportunities and Challenges
- • Sports Infrastructure – the Present Status & Future Roadmap
- • Sports and Media – A New Medium for Dialogue
- • Sports as a Political Tool in International Relations
- • Societal and Parental Attitudes towards Sports – Need for a Paradigm Shift

Dates to Remember

Abstract Submission deadline : 20th November 2018
Notification on Acceptance of Abstract : 30th November 2018
Full paper submission : 10th January 2019

Guidelines for Paper Presentation

The full papers should preferably be formatted in the APA Style. The full paper should be written in less than 6000 words, including tables, exhibits, references and appendices.

The manuscript should begin with a separate title page containing: The Paper Title, Author(s) affiliation and email ID, Abstract (Max 300 words), and Five Keywords corresponding to JEL codes.

The rest of the manuscript should not contain any author identification information. The Abstract/ Paper submission will be through email only.

Guidelines for Poster Presentation

Poster papers are invited for presentation. Each delegate can present two posters. Abstracts are invited on any one of the above themes. The abstracts should be prepared in MS word not exceeding 250 words with a clear title, name and affiliation of authors. The name of the presenting author with email should be given at the end. The detailed specification for preparing the poster paper (size 4.5ft x 3.0ft) would be mailed to those authors whose abstracts are accepted for presentation.

Please send the abstract of your paper and poster to
icsports@mccbbl.edu.in

Registration Fee (Per Person)

Industry : Rs. 3,600*
Academics : Rs. 2,400*
Research Scholars : Rs. 1,800*
Students : Rs. 900*

*Registration fee is inclusive of GST amount.

*Additional Rs. 500 to be registered if you are taking part in Poster Presentation.

- Registration fee includes technical sessions, souvenir, conference kit, certificate, lunch and refreshments.
- Registration fee will not cover travel and accommodation charges. Accommodation details near the seminar venue will be shared on request.
- Online registration forms are available on the college website. Paper presenters should register well in time once the abstract is approved.
- Spot registration is allowed for seminar participants only and not for paper presenters.
- Visit <http://www.mountcarmelcollegeblr.co.in/> for registration.

Only online payment is accepted for registration (NEFT/ IMPS). Registration fee is payable in favour of
INTERNATIONAL CONFERENCE ON SPORTS MCC
UCO Bank, Vasanthnagar Branch, Bengaluru.
A/C No: 2015 01100 56257 IFSC Code: UCBA0002015

Conference Proceedings and Publication

- All the abstract of papers shortlisted for presentation will be published in a conference proceeding.
- Selected papers will be published as an edited book with reputed publishers with ISBN number.
- Selected papers will be published in the UGC-approved "International Journal of Physiology, Nutrition and Physical Education". The Journal is indexed in Index Copernicus and has Research Journal Impact Factor of 5.48

Contact Details

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Associate Professor & Head, Dept of Physical Education

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